

# DANCE ACTIVITY: MUSIC AND MOVEMENT

This activity requires access to a device with speakers and an internet connection to connect to YouTube (or a CD player and a CD of music from *The Magic Flute*). This activity works best in a large, open space like a gym or music classroom.

## Step 1:

Do a physical warm-up with your students, ensuring that they are all spread out across the room. This can include stretching, dancing, or any exercises that will get their bodies warm and ready to move!

## Step 2:

Play different pieces from *The Magic Flute*, and encourage students to move their bodies as the music makes them feel. This could be dancing, or simply moving their body in a way that communicates the emotion they feel in the piece.

**Here are some suggestions of diverse pieces from *The Magic Flute* to use with your class:**

- Papageno's aria "Der Vogelfanger bin ich" (I am the Bird Catcher)
- Tamino's aria "Dies Bildnis ist bezaubernd schon" (This portrait is beautiful)
- Pamina's aria "Ach, ich fuhl's" (Ah, I sense his love fading)
- The Queen of the Night's arias "O zittre nicht" and "Der Holle rache"

## Step 3:

Bring the class into a cool-down of on-the-floor stretching to bring down their heart rates and activity level. Once the class has settled, discuss how the music altered the way they moved their bodies.

- Did the song translate a clear emotion to students?
- Did students have a variety of ways of moving their body to the same song?
- How did the students show emotion through their movements?